Over the Counter Equivalent Exclusion Program



The products/categories listed in the first column below may not be covered under your prescription drug benefit plan. Example prescription brand and generic drugs are listed in the second and third columns below. If these prescription medications are not covered under your prescription drug benefit plan, you can still purchase them, but you will be responsible for the full cost. You may save money by choosing to purchase a product with the same active ingredient(s) that is available over the counter (OTC). Common OTC products are listed in the fourth column below. Cost is only one factor in selecting a medication. Before making any changes to your current medication regimen, talk to your doctor about what is right for you.

Product/Category	Prescription Brand Examples ^{†*}	Prescription Generic Examples ^{†*}	Common OTC Examples*§#
Amlactin Lotion 12%	Lachydrin Lotion	N/A	Amlactin Lotion 12%
B-Complex with Vitamin C and Folic Acid	Strovite	B-Plex	B-Complex Balanced
Benzoin	Benzoin Compound Tincture, Benzoin Tincture	N/A	Benzoin Compound Tincture, Benzoin Tincture
Benzoyl Peroxide	Benzac AC Wash	Clearplex X	Benzoyl Peroxide Wash, Clean & Clear Persa-Gel Maximum Strength
Boric Acid	Boric Acid	N/A	Boric Acid
Butenafine	Mentax	N/A	Lotrimin Ultra
Cetirizine	N/A	Cetirizine	Zyrtec
Cimetidine	N/A	Cimetidine	Tagamet HB
Clotrimazole	Clotrimazole	Clotrimazole	Lotrimin AF
Cobalamine Combination Tab	Foltrate	N/A	MTX Support
Collodion Flexible	Collodion Flexible	N/A	Collodion Flexible
Cream Base	Cream Base, Base Cream with Liposome	N/A	Emollient Cream Base, Lipobase
Differin Gel 0.1%	Differin Gel 0.1%	N/A	Differin Gel 0.1%
Diphenhydramine	N/A	Diphenhydramine	Altaryl, Benadryl
Emollient Cream	Atopiclair, Eletone, Neosalus	N/A	Aquaderm, Cetaphil Moisturizing
Famotidine	Pepcid	Famotidine	Pepcid AC Maximum Strength
Folic Acid	N/A	Folic Acid	Folic Acid

[†] If available, common prescription brand and generic products are listed.

^{*} Third-party brand names are the property of their respective owners.

[§] An OTC choice may be labeled as a drug, dietary supplement, or cosmetic.

[#] Common OTC examples are listed; there may be other names for the products/categories listed. Ask a pharmacist about available OTC medications, such as store brands.

¹ Depending on your benefit, prescription generic lansoprazole, prescription generic omeprazole, and prescription generic omeprazole/sodium bicarbonate may not be a part of the OTC Equivalent Exclusion Program.



Product/Category	Prescription Brand Examples ^{†*}	Prescription Generic Examples ^{†*}	Common OTC Examples*§#
Formaldehyde	Formaldehyde	N/A	Formaldehyde
Homeopathic Products	Acunol, Digestodoron, Eczemol, Psorizide, Tranzgel	N/A	Camilia, Echinacea, Loma Eczema, Speedgel, Zicam Cold Remedy
Hydrocortisone Topical	N/A	Ala Cort, Hydrocortisone Cream, Hydrocortisone Ointment	Cortaid Maximum Strength, Cortizone-10
Ibuprofen	N/A	Ibuprofen	Childrens Motrin
Iron Combination Elixir	Hemocyte-F	N/A	I.L.X. B-12
Iron with Vitamins	Vitafol	N/A	Geritol Complete
Lactic Acid Topical	Lac-Hydrin	Ammonium Lactate	Ammonium Lactate
Lanolin Anhydrous	Lanolin Anhydrous	N/A	Lanolin Anhydrous
Lansoprazole	Prevacid	Lansoprazole [¶]	Prevacid 24HR
Loperamide	Loperamide	Loperamide	Imodium A-D
Meclizine	Antivert	Meclizine	Dramamine Less Drowsy
Miconazole Vaginal Cream	Miconazole 3	Miconazole 3	Vagistat-3
Miscellaneous Antiseptic Products	Bucalsep	N/A	Tersaseptic
Miscellaneous Dermatological Products	Aurstat Anti-Itch Hydrogel	N/A	Amlactin Ultra, Cetaphil
Miscellaneous Natural Products	Aurum, Chelidonium Compound, Erysidoron #2	N/A	Black Cohosh, Deep Sleep, Essiac Tonic, Loviral, Osteo Bi-Flex
Multiple Vitamins with Minerals	Bacmin, Fortavit, Nutricap, Protect Plus, Support-500	B-Plex Plus, Urosex, V-C Forte, Vitacel, Vitamax Pediatric	Aquadeks, Centrum, Glycotrol, Ocuvite, One-A-Day, Vigor
Nasacort	Nasacort AQ	N/A	Nasacort Allergy 24HR
Nexium 20 mg	Nexium Cap 20 mg	N/A	Nexium 24HR
Omeprazole	Prilosec	Omeprazole	Prilosec OTC

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Product/Category	Prescription Brand Examples ^{†*}	Prescription Generic Examples ^{†*}	Common OTC Examples*§#
Omeprazole/Sodium Bicarbonate	Zegerid	Omeprazole/Sodium Bicarbonate [¶]	Zegerid OTC
Ophthalmic Irrigation Solution	N/A	N/A	Ocusoft Eye Wash
Oral Vehicles	Ora-Plus, Ora-Sweet	N/A	Ora-Plus, Ora-Sweet
Oxytrol Womens	Oxytrol	N/A	Oxytrol Womens
Petrolatum Ointment	White Petrolatum, Yellow Petrolatum	N/A	Petroleum Jelly, White Petrolatum
Pharmaceutical Aids	acetaminophen powder, almond oil, aspirin powder, calamine powder, castor oil, clove oil, distilled water, eucalyptus oil, flavoring agents, lavender oil, mannitol powder, olive oil, peppermint oil, salicylic acid powder, simple syrup, talc powder, urea powder	N/A	acetaminophen powder, almond oil, aspirin powder, calamine powder, castor oil, clove oil, distilled water, eucalyptus oil, flavoring agents, lavender oil, mannitol powder, olive oil, peppermint oil, salicylic acid powder, simple syrup, talc powder, urea powder
Phenylephrine/Dextromethorphan/ Guaifenesin	N/A	Biotuss, Biotuss Pediatric	Brontuss SF NR, Nortuss-DE
Phenyltoloxamine/Acetaminophen	N/A	Biogesic	Dologesic
Polyethylene Glycol Ointment	Polypeg Base	N/A	Fattibase, Polybase
Polysorbate 80	Polysorbate 80	N/A	Polysorbate 80
Pseudoephedrine/ Brompheniramine/ Dextromethorphan	N/A	Bromfed DM	Dimetane DX
Regenecare Gel 2%	Lidocaine Gel 2%	Lidocaine Gel 2%	Regenecare
Rhinocort Allergy	Rhinocort Aqua	N/A	Rhinocort Allergy
Sodium Bicarbonate Powder	Sodium Bicarbonate	N/A	Sodium Bicarbonate

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Sorbitol	Sorbitol	N/A	Sorbitol
Stannous Fluoride Gel	N/A	Easygel	Gel-Kam
Terbinafine	Lamisil Spray	N/A	Lamisil AT Spray
Tryptophan	Tryptophan	N/A	L-Tryptophan
Zinc Sulfate	N/A	Zinc Sulfate	Orazinc

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