



## Did You Know? You have access to family planning benefits

Family planning services are covered under your health plan benefits. BCCHP has a network of providers for you to choose. You may also visit any out-of-network family planning provider. These services and supplies will be covered. No referral is needed.

### Why is family planning important?

Family planning lets you decide how many children you would like. It allows you to choose when the time is right for you. It also helps prevent unplanned pregnancies. This happens through use of contraceptive methods and infertility treatment. Unintended pregnancies can pose maternal risks. Prevention can lower these risks and the number of pregnancy-related deaths.

#### Covered:

- Medical visits for birth control and birth control
- Marriage/family planning, education and counseling
- Pregnancy tests

- Lab tests
- Tests for sexually transmitted infections
- Sterilization

#### Not covered:

- Surgery to reverse sterilization
- Fertility treatments, including artificial insemination or in vitro fertilization

**Call Member Services at 1-877-860-2837 for help making an appointment. The call is free.**

Blue Cross Community Health Plans is provided by Blue Cross and Blue Shield of Illinois, a Division of Health Care Service Corporation, a Mutual Legal Reserve Company (HCSC), an Independent Licensee of the Blue Cross and Blue Shield Association.

Illinois Client Enrollment Services will send you information about your health plan choices when it is time for you to make a health plan choice and during your Open Enrollment period.

To ask for supportive aids and services, or materials in other formats and languages for free, please call, 1-877-860-2837 TTY/TDD: 711.

Blue Cross and Blue Shield of Illinois complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-877-860-2837 (TTY/TDD: 711).

UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer 1-877-860-2837 (TTY/TDD: 711).